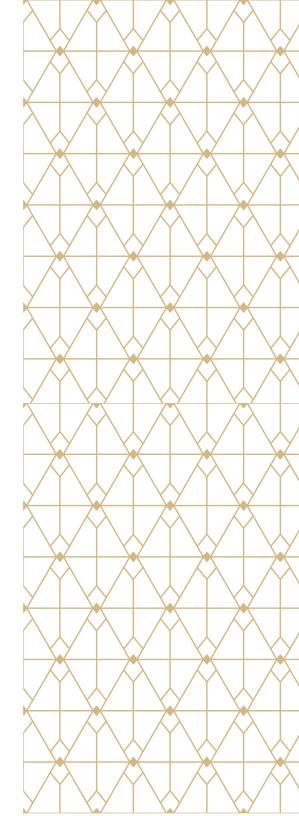
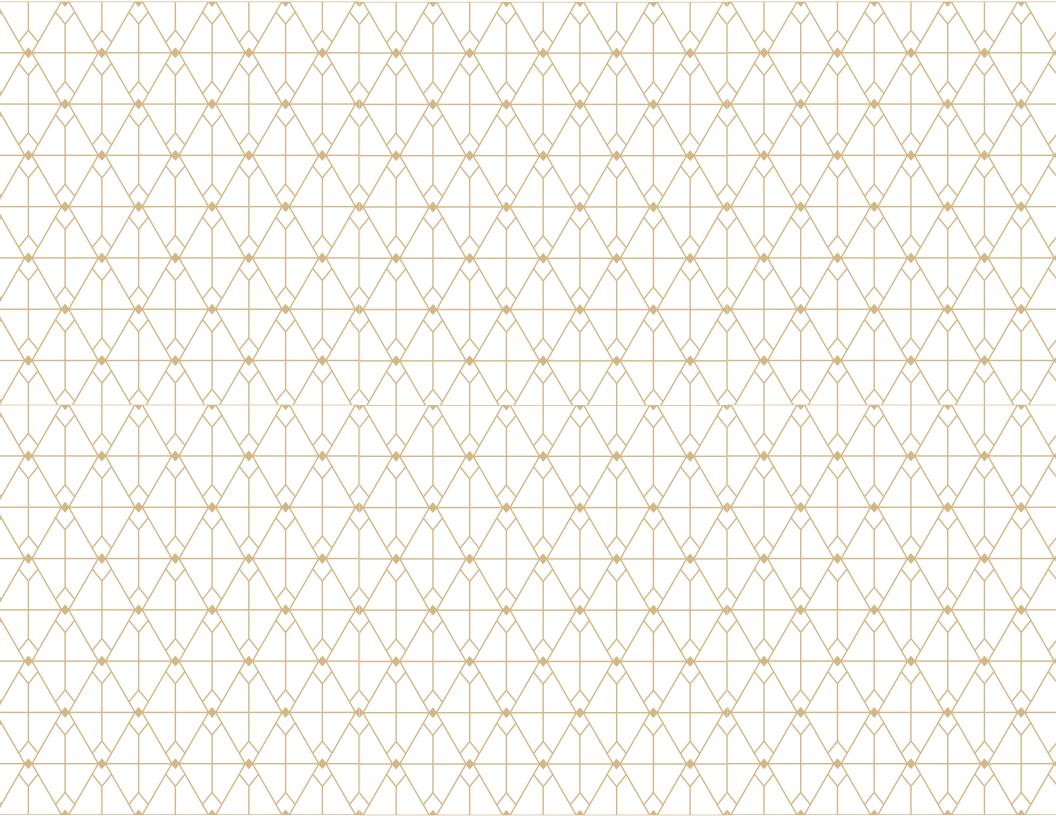


THEMES & THOUGHT-PROMPTS

FOR THE

Seasons of the Zodiac





Welcome to 2023!

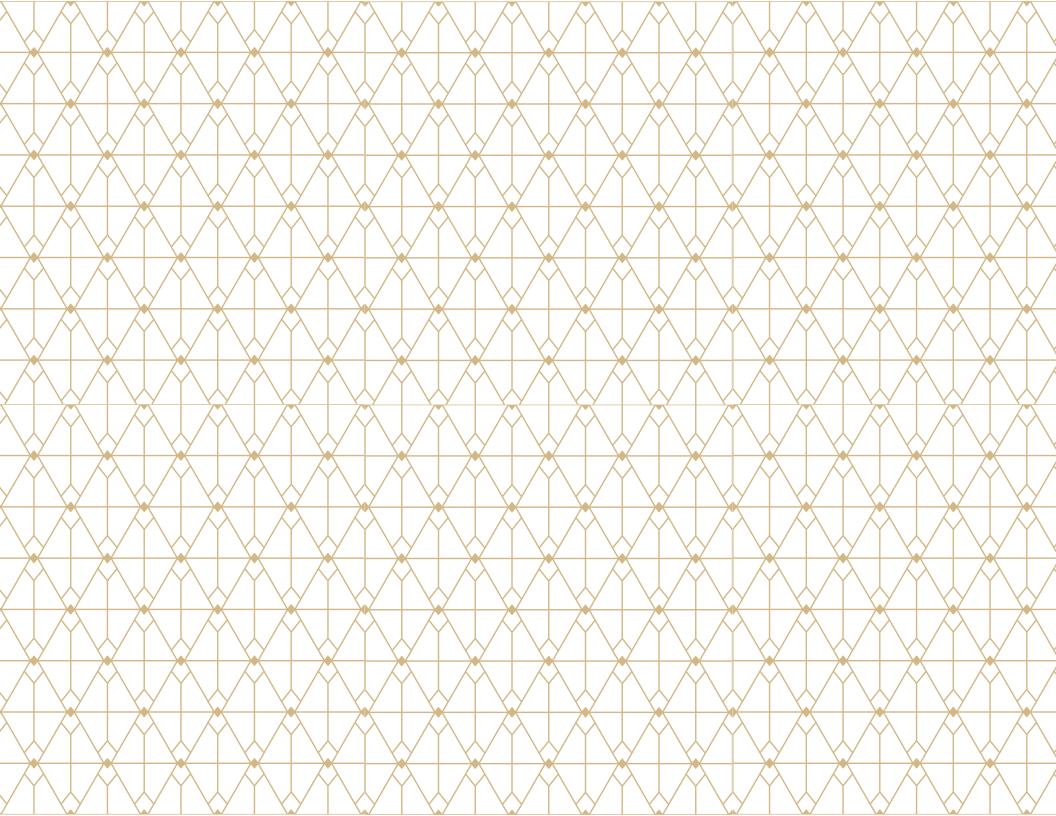
We recognize that technically, this little guide should start in Aries, but we were sooo excited to get started – we couldn't wait until springtime.

It's our hope that the prompts in this guide will be a companion to your fresh goals, your resolutions, your aspirations, and even your renewed gym membership. Thinking about the archetypes and themes of each zodiacal season provides essential insights while also illustrating the best times for initiating and undertaking certain tasks and activities.

Divination for each season can provide added guidance as you set goals and explore all the wonderful new opportunities the year has to offer you. It can also help you to see the areas of your life that need clearing out. We've included Tarot and runes as the divination methods, but feel free to use whatever tools you feel most aligned with.

Finally, reflection is the most natural way of synthesizing the lessons of each season, so we've also included an area for your end-of-season reflections.







January 21 – February 19

AQUARIUS NEW MOON - January 21 -



What do you hope to draw into your life over the coming month?

What do you want more of?







Aguarius Season Themes



What meanings and associations does Aquarius season have for you?



Draw a Tarot card for Aquarius season and consider how that energy might guide you throughout the coming month:



Choose a rune for Aquarius season and consider how that energy might guide you throughout the coming month:



Where is Aquarius in your natal chart? Do you see Aquarian elements within yourself?



What symbols and archetypes do you associate with Aquarius? How can you work with them?



January 21 – February 19

Leo Full Moon

- February 5 -



What are you ready to release from your life over the coming month?

What do you want less of?









How can you use Aquarian energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Aquarius season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Aquarius has impacted you.





PISCES NEW MOON

- February 20 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Pisces Season Themes



What meanings and associations does Pisces season have for you?



Draw a Tarot card for Pisces season and consider how that energy might guide you throughout the coming month:



Choose a rune for Pisces season and consider how that energy might guide you throughout the coming month:



Where is Pisces in your natal chart? Do you see Piscean elements within yourself?



What symbols and archetypes do you associate with Pisces? How can you work with them?



February 20 - March 20

VIRGO FULL MOON

- March 7 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Pisces energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Pisces season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Pisces has impacted you.





ARIES NEW MOON

- March 21 -



What do you hope to draw into your life over the coming month?

What do you want more of?





ARIES NEW MOON

- APRIL 20 -

What do you hope to draw into your life over the coming month?

What do you want more of?





Aries Season Themes



What meanings and associations does Aries season have for you?



Draw a Tarot card for Aries season and consider how that energy might guide you throughout the coming month:



Choose a rune for Aries season and consider how that energy might guide you throughout the coming month:



Where is Aries in your natal chart? Do you see Ariean elements within yourself?



What symbols and archetypes do you associate with Aries? How can you work with them?



LIBRA FULL MOON

- APRIL 6 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Aries energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Aries season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Aries has impacted you.





APRIL 21 - May 20

Taurus New Moon

- May 19 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Taurus Season Themes



What meanings and associations does Taurus season have for you?



Draw a Tarot card for Taurus season and consider how that energy might guide you throughout the coming month:



Choose a rune for Taurus season and consider how that energy might guide you throughout the coming month:



Where is Taurus in your natal chart? Do you see Taurean elements within yourself?



What symbols and archetypes do you associate with Taurus? How can you work with them?



APRIL 21 - May 20

SCORPIO FULL MOON

- May 5 -



What are you ready to release from your life over the coming month?

What do you want less of?









How can you use Taurus energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Taurus season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Taurus has impacted you.





Gemini New Moon

- JUNE 18 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Gemini Season Themes



What meanings and associations does Gemini season have for you?



Draw a Tarot card for Gemini season and consider how that energy might guide you throughout the coming month:



Choose a rune for Gemini season and consider how that energy might guide you throughout the coming month:



Where is Gemini in your natal chart? Do you see elements of Gemini within yourself?



What symbols and archetypes do you associate with Gemini? How can you work with them?





How can you use Gemini energy to shepherd and nurture your dreams?

SAGITTARIUS FULL MOON

- June 3 -



What are you ready to release from your life over the coming month?

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What do you want less of?









What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Gemini season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Gemini has impacted you.





June 22 – July 23

cancer new moon

- JULY 17 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Cancer Season Themes



What meanings and associations does Cancer season have for you?



Draw a Tarot card for Cancer season and consider how that energy might guide you throughout the coming month:



Choose a rune for Cancer season and consider how that energy might guide you throughout the coming month:



Where is Cancer in your natal chart? Do you see Cancerean elements within yourself?



What symbols and archetypes do you associate with Cancer? How can you work with them?



JUNE 22 – JULY 23

Capricorn full moon

- JULY 3 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Cancer energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Cancer season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Cancer has impacted you.





JULY 23 – AUGUST 23

Leo New Moon - AUGUST 16 -



What do you hope to draw into your life over the coming month?

What do you want more of?







Lee Season Themes



What meanings and associations does Leo season have for you?



Draw a Tarot card for Leo season and consider how that energy might guide you throughout the coming month:



Choose a rune for Leo season and consider how that energy might guide you throughout the coming month:



Where is Leo in your natal chart? Do you see elements of Leo within yourself?



What symbols and archetypes do you associate with Leo? How can you work with them?





How can you use Leo energy to shepherd and nurture your dreams?

AQUARIUS FULL MOON - AUGUST 1 -



What are you ready to release from your life over the coming month?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Leo season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Leo has impacted you.



What do you want less of?



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AUGUST 24 - SEPTEMBER 23

VIRGO NEW MOON - SEPTEMBER 14 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Virgo Season Themes



What meanings and associations does Virgo season have for you?



Draw a Tarot card for Virgo season and consider how that energy might guide you throughout the coming month:



Choose a rune for Virgo season and consider how that energy might guide you throughout the coming month:



Where is Virgo in your natal chart? Do you see elements of Virgo within yourself?



What symbols and archetypes do you associate with Virgo? How can you work with them?



AUGUST 24 - SEPTEMBER 23

PISCES FULL MOON - AUGUST 30 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Virgo energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Virgo season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Virgo has impacted you.





September 24 - October 23

LIBRA NEW MOON - OCTOBER 14 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Libra Season Themes



What meanings and associations does Libra season have for you?



Draw a Tarot card for Libra season and consider how that energy might influence you throughout the coming month:



Choose a rune for Libra season and consider how that energy might guide you throughout the coming month:



Where is Libra in your natal chart? Do you see elements of Libra within yourself?



What symbols and archetypes do you associate with Libra? How can you work with them?



SEPTEMBER 24 - OCTOBER 23

ARIES FULL MOON - SEPTEMBER 29 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Libra energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Libra season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Libra has impacted you.





OCTOBER 24 - NOVEMBER 22

SCORPIO NEW MOON - NOVEMBER 13 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Scorpio Season Themes



What meanings and associations does Scorpio season have for you?



Draw a Tarot card for Scorpio season and consider how that energy might guide you throughout the coming month:



Choose a rune for Scorpio season and consider how that energy might guide you throughout the coming month:



Where is Scorpio in your natal chart? Do you see elements of Scorpio within yourself?



What symbols and archetypes do you associate with Scorpio? How can you work with them?



OCTOBER 24 - NOVEMBER 22

How can you use Scorpio energy to shepherd and nurture your dreams?

Taurus Full Moon - October 28 -



What are you ready to release from your life over the coming month?

What do you want less of?





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What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Scorpio season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Scorpio has impacted you.





NOVEMBER 23 - DECEMBER 21

SAGITTARIUS NEW MOON - DECEMBER 12 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Sagittarius Season Themes



What meanings and associations does Sagittarius season have for you?



Draw a Tarot card for Sagittarius season and consider how that energy might guide you throughout the coming month:



Choose a rune for Sagittarius season and consider how that energy might guide you throughout the coming month:



Where is Sagittarius in your natal chart? Do you see Sagittarian elements within yourself?



What symbols and archetypes do you associate with Sagittarius? How can you work with them?



NOVEMBER 23 - DECEMBER 21

Gemini Full Moon - November 27 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Sagittarius energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Sagittarius season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Sagittarius has impacted you.





December 22 - January 20

Capricorn New Moon

- January 11, 2024 -



What do you hope to draw into your life over the coming month?

What do you want more of?





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Capricorn Season Themes



What meanings and associations does Capricorn season have for you?



Draw a Tarot card for Capricorn season and consider how that energy might guide you throughout the coming month:



Choose a rune for Capricorn season and consider how that energy might guide you throughout the coming month:



Where is Cancer in your natal chart? Do you see elements of Capricorn within yourself?



What symbols and archetypes do you associate with Capricorn? How can you work with them?



December 22 - January 20

- December 26 -



What are you ready to release from your life over the coming month?

What do you want less of?





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How can you use Capricorn energy to shepherd and nurture your dreams?



What is happening in the world around you now? What plants, animals, constellations, and weather patterns do you see?



What aspects of the alchemical process are present in your life?

Now Reflect

What lessons did you learn during Capricorn season? What were your wins? Where did you fall short? As you're entering the next season, reflect on the way Capricorn has impacted you.





